

**WINTER CLASSES – Requirements List**  
**2019**

**Exploring Possibilities**

Mavis Brown

Basic embroidery kit  
Variety of odd threads & DMC  
12" x 12" piece of sturdy fabric to use for practice  
6" or 8" hoop  
Design ideas with areas needing filling stitches

**Kantha Embroidery Interpreted**

Pat Bowley

For the first class, participants should prepare an 8-12 inch square of lightweight fabric, with 3 layers. Suggested fabrics are lightweight cotton, muslin, cotton lawn, batiste, or turban cloth, with a fairly close weave structure. A threaded needle should pass through the three layers easily, but gauze or cheesecloth are not suitable. The fabric should be a plain colour, either dyed or undyed. Tack these layers together with a basting stitch, and mark the square (using basting stitch) into four equal square quadrants.

Thread can be embroidery floss, sewing thread or Perle cotton (size 12), to either match or contrast with the colour of the fabric.

Also bring a sewing kit, with embroidery needles (sharp point) suitable for using with the chosen fabric and thread, scissors, sharp pencil with a hard lead (for example H or 2H). Hoop is optional; I don't use a hoop for Kantha embroidery.

We will discuss patterns, fabric and threads for later projects during the first two weeks.

**Wild Rose Blackwork Sampler**

Barbara Lee Johnson

14 count white or cream cross stitch fabric cut to a minimum of 11 X 12 inches. Finished size is approximately 7 X 8 inches with a border of 2 inches on all sides. Increase the border size as needed if you are using a q-snap or scroll frame or a hoop.

One or two colors of 6 strand embroidery floss. Blackwork is traditionally done with black thread, thus you may want to do your piece in one dark color. However, as this is a sampler that includes a flower, you may want to choose a dark flower color and a dark green.

Cross stitch needle, scissors, thimble (if you use one), pencil and eraser, scrap piece of 14 count cross stitch fabric to practice stitches on (if desired)

There will be a \$5.00 fee for printed material

**Handmade Sewing Box**

Ietje Jackovich

Fabric – 0.5m cotton or cotton/poly for outside of the box  
0.5m coordinating fabric for the inside of the box  
1m cotton or cotton/poly for the underlining  
Cotton Batting - 1/2m natural cotton batting 130cm wide (i.e. Warm & Natural cotton batting)  
Thread – 1 spool buttonhole thread or extra strong thread for lacing  
1 spool machine sewing thread for sewing the hinge, tab, Velcro, and box edges to match with the background of the fabric for out of the workbox  
1 spool machine sewing thread to match fabric for the inside of the work box  
Needles - sewing needles (eye large enough for the buttonhole or extra strong thread)  
Measuring tape or ruler marked with metric and inches

Glue – UHU glue stick or equivalent  
Pins – strong long straight pins (with beaded heads if possible)  
Scissors to cut fabric during lacing and mitering of corners  
Masking tape minimum ¾” wide 1 ½” wide is optimal.  
Optional extras: rotary cutter and mat if you have one  
A laying tool, stiletto, or awl  
Bull Clips to hold fabric in place for class #2 (Dollarama or Staples)

Kit Fee \$20- includes all parts of the box cut from matt board, Velcro for tab closure, interfacing for inside top lid, 1 ½” elastic for holding tools, elastic for side needle pocket, small sharp curved needle, and instructions for the complete box

### **Goldwork** Marsh Fontes

The gold work will be provided in a kit for those who wish to purchase the kit. If you want to make up your own kit I will let you know how much of each item you will need.

Heavy fabric which can be purchased from myself or you can pick your own. If you want your own fabric let me check to make sure it is heavy enough. Suitable fabrics are plain Dupioni silks, linen, and wool. When choosing your fabric place a piece of gold jewellery on top of the fabric to see which colour suits the gold. Darker colours show well with gold but creams and whites look elegant with the gold.

Wash, dry and iron your fabric before the first class.

Backing fabric should be strong and closely woven as the gold threads are heavy. Your backing fabric should be cotton or linen. Using a heavy backing fabric will prevent puckering.

Frame

Sewing threads -Guterman 968. You can also use silk thread such as YLI #078.

Needles -Crewel #10 provided in your kit if you are purchasing the kit.

Beading needle to attach beads.

Chenille needle with large eye that can hold 6 strands of embroidery floss.

Scissors with a curved tip for cutting gold wire threads. You will ruin your embroidery scissors if you use them. I bought mine at Shoppers drug mart.

Wool Felt 8”square. Not provided in the kit.

Beeswax -used to strengthen threads.

Tissue paper 1 sheet

Ruler

Pencil

Masking tape to tape edges of fabric on frame to prevent fraying.

Seed beads and spangles (sequins) to match your fabric.

Cutting board- a clean meat tray covered in felt. Glue felt to the concave side of the meat tray. The felt can be any colour except gold so you can see the gold threads on the tray.

Tweezers- not necessary but nice for picking up short lengths of purls.

Tailor’s awl - not necessary but nice for making holes in the fabric.

Small pieces of fabric in sheers and solids to match your fabric background or in gold colour.

## **Friendly Faces In Fascinating Fields**

Ruth Douglas

Standard sewing kit. Include fine pins along with paper and fabric scissors.

A variety of sewing needles

Photos, sketches/drawings, magazine clippings etc. of people that interest you.

Notebook (lined paper), pens and pencils, etc. Also include plain paper, drawing pencils, Eraser, rulers, etc.

A pantyhose or knee high stocking. Washed !!!

Small bits of felt or quilt batt or stuffing

1 piece of cereal box cardboard

2 pieces of plain washed cotton about 12 " square. Recycled is okay.

Small pieces of flesh coloured cotton. I have available.

Threads : machine sewing thread —one spool in ivory and one in light gray to start

Embroidery floss in flesh colours, soft grays ,and odds and ends of a variety of

Colours you like.

Embroidery hoops: A small hoop about 4-6" and a larger one, possibly 8-10" .Whatever you have available. I have some to loan.